

# EARTH-FRIENDLY HOUSEHOLDS

Communities for Sustainable Monterey County  
[www.sustainablemontereycounty.org](http://www.sustainablemontereycounty.org)

## I WANT TO LIVE IN AN EARTH-FRIENDLY HOUSEHOLD

- USE LESS ELECTRICITY
- USE LESS NATURAL GAS
- USE LESS GASOLINE
- CONSUME MUCH LESS PLASTIC
- USE LESS WATER
- REDUCE FOOD WASTE
- MINDFULLY RECYCLE AND PROPERLY DISPOSE OF YARD WASTE
- REDUCE CONSUMPTION OF NEW ITEMS
- GROW SOME FOOD & IMPROVE THE SOIL
- MAKE A POSITIVE DIFFERENCE BEYOND MY HOUSEHOLD

**YOU LIVE IN AN EARTH-FRIENDLY HOUSEHOLD WHEN YOU HAVE CHECKED AT LEAST 50 BOXES (FOR OWNER-OCCUPIED SINGLE-FAMILY HOUSES) OR 42 BOXES (FOR ALL OTHER DWELLINGS) OF THE 78 ACTION ITEMS ON THIS CHECKLIST**

Find out more about Earth Friendly Households and how you can join us

Visit the **Climate Change** and **Earth-Friendly Households** pages on the CSMC website

To join the Sustainable Del Rey Oaks Earth-Friendly Households Group:



Send a copy of your "filled-in" Checklist to:  
[sustainabledelreyoakscsmc@gmail.com](mailto:sustainabledelreyoakscsmc@gmail.com)

or mail to: Carol Kaplan,  
5 Alta Circle, Del Rey Oaks, CA 93940

We will recognize you with a certificate and invite you to join an on-going dialogue about living in an earth-friendly household. Please include your name as you would like it to appear on your certificate.

ENCOURAGE YOUR FRIENDS TO LIVE IN AN EARTH-FRIENDLY HOUSEHOLD  
SHARE THIS CHECKLIST

## BIG PROJECTS THAT CAN MAKE A BIG DIFFERENCE

- PURCHASE ENERGY EFFICIENT APPLIANCES WHEN REPLACING
- INSTALL SOLAR PANELS TO GENERATE ELECTRICITY
- SEAL UP YOUR HOUSE FOR AIR LEAKS
- INSTALL SOLAR WATER HEATER PANELS
- CONSIDER THE COST/BENEFIT OF A TANKLESS/ON-DEMAND HOT WATER SYSTEM
- ADD ADDITIONAL CEILING/FLOOR/WALL/ INSULATION
- INSTALL DOUBLE-PANED, LEAK-PROOF (AIR) WINDOWS
- WHEN PURCHASING A VEHICLE or YARD MAINTENANCE EQUIPMENT, MAKE ENERGY USE A PRIMARY FACTOR - CONSIDER ELECTRIC AND HYBRID MOTORS
- INSTALL LOW FLUSH TOILETS WHEN REPLACING
- PURCHASE A LOW WATER USE WASHING MACHINE WHEN REPLACING
- SET UP A GREY WATER DISTRIBUTION SYSTEM AT YOUR HOUSE
- SET UP A RAINWATER CAPTURE SYSTEM
- REFUSE TO BUY SINGLE-USE PLASTIC
- INVEST SOME YOUR SAVINGS IN ENVIRONMENTALLY RESPONSIBLE FUNDS
- USE BILLS TO TRACK AND GRAPH YOUR MONTHLY CONSUMPTION OF ELECTRICITY, NATURAL GAS, WATER, AND GASOLINE TO DETERMINE YOUR PROGRESS

